

**Verbeterde en geëvenaarde clubrecords 2011**

| <b>Naam</b>           | <b>Cat.</b> | <b>Onderdeel</b> | <b>Prestatie</b> | <b>Plaats</b>  | <b>Datum</b> | <b>Opmerkingen</b> |
|-----------------------|-------------|------------------|------------------|----------------|--------------|--------------------|
| <b><u>Indoor</u></b>  |             |                  |                  |                |              |                    |
| Lotte Jacobs          | Vsen        | 3000m            | 9.24.33          | Apeldoorn      | 19-2-2011    |                    |
| <b><u>Outdoor</u></b> |             |                  |                  |                |              |                    |
| Eefje Swinkels        | V35         | 400m             | 1.00.46          | Gemert         | 8-5-2011     |                    |
| Eefje Swinkels        | V35         | 400h             | 1.05.54          | Eindhoven      | 17-5-2011    | was vacant         |
| Henk v Os             | M50         | 200m             | 29.33            | Valkenswaard   | 31-5-2011    |                    |
| Eefje Swinkels        | V35         | 400h             | 1.04.83          | Venlo          | 5-6-2011     |                    |
| Eefje Swinkels        | V35         | 100m             | 13.34 (-2.4)     | Den Haag       | 18-6-2011    |                    |
| Eefje Swinkels        | V35         | 200m             | 27.00 (-3.1)     | Den Haag       | 19-6-2011    |                    |
| Nicole Loeve          | V45         | 5000m            | 19.59.44         | Den Haag       | 19-6-2011    |                    |
| Yvette Bakker         | Vsen        | zweedse est.     | 2.22.84          | Valkenswaard   | 26-6-2011    |                    |
| Linda Feenstra        |             |                  |                  |                |              |                    |
| Eefje Swinkels        |             |                  |                  |                |              |                    |
| Lotte vd Westen       |             |                  |                  |                |              |                    |
| Elien vd Eijnde       | MC          | polshoog         | 1.50             | Helmond        | 6-7-2011     | was vacant         |
| Eefje Swinkels        | V35         | 400h             | 1.03.43          | Eindhoven      | 10-7-2011    | NR!!               |
| Laurens Buma          | JPB         | hoog             | 1.35             | Bergen op Zoom | 3-9-2011     |                    |
| Eefje Swinkels        | V35         | 100m             | 13.17 (-0.4)     | Hilversum      | 11-9-2011    |                    |
| Eefje Swinkels        | V35         | 200h             | 30.00            | Hilversum      | 11-9-2011    | was vacant         |
| Laurens Buma          | JPB         | 600m             | 2.04.2           | Helmond        | 14-9-2011    |                    |
| Stefan Benders        | JB          | 4x400m           | 3.46.20          | Amstelveen     | 24-9-2011    | was vacant         |
| Christian vd Koppel   |             |                  |                  |                |              |                    |
| Tommy Schoeber        |             |                  |                  |                |              |                    |
| Ted vd Weerden        |             |                  |                  |                |              |                    |
| Stefan Benders        | JB          | zweedse est.     | 2.07.07          | Amstelveen     | 25-9-2011    | was vacant         |
| Joost vd Brand        |             |                  |                  |                |              |                    |
| Christian vd Koppel   |             |                  |                  |                |              |                    |
| Ted vd Weerden        |             |                  |                  |                |              |                    |
| Lieke Brouwers        | MC          | zweedse est.     | 2.36.28          | Amstelveen     | 25-9-2011    | was vacant         |
| Sophie de Groot       |             |                  |                  |                |              |                    |
| Vera Lurvink          |             |                  |                  |                |              |                    |
| Bo Smit               |             |                  |                  |                |              |                    |
| Lieke Brouwers        | MD          | zweedse est.     | 2.36.28          | Amstelveen     | 25-9-2011    |                    |
| Sophie de Groot       |             |                  |                  |                |              |                    |
| Vera Lurvink          |             |                  |                  |                |              |                    |
| Bo Smit               |             |                  |                  |                |              |                    |
| John Kocken           | M40/45      | 4x200m           | 2.02.94          | Amstelveen     | 25-9-2011    |                    |
| Henk v Os             |             |                  |                  |                |              |                    |
| Roel Segers           |             |                  |                  |                |              |                    |
| Mart Stokmans         |             |                  |                  |                |              |                    |
| John Kocken           | M40/45      | 4x800m           | 10.27.98         | Amstelveen     | 25-9-2011    | was vacant         |
| Henk v Os             |             |                  |                  |                |              |                    |
| Roel Segers           |             |                  |                  |                |              |                    |
| Mart Stokmans         |             |                  |                  |                |              |                    |