

CLUBRECORDS H.A.C. per 1 januari 2010**Competitie CLUBRECORDS HAC vanaf 1975****Mannen**

| | | | | |
|--------------------|---------|-----------------|-----------|-----------------|
| Henk vd Boogaard | 10.7 | Eindhoven | 3-6-1971 | 100 |
| Franklin v. Uden | 22.42 | Eindhoven | 27-3-1990 | 200 |
| Mike Drenth | 48.6 | Den Haag | 14-7-1973 | 400 |
| Roel Raaijmakers | 1.50.9 | Roosendaal | 8-9-1979 | 800 |
| Roel Raaijmakers | 3.51.5 | Sittard | 10-7-1977 | 1500 |
| Cor Vriend | 14.09.5 | Zevenaar | 18-6-1980 | 5000 |
| Joop Smeets | 15.1 | Den Haag | 18-9-1977 | 110 h |
| Bart vd Zanden | 53.09 | Vught | 29-5-2003 | 400 h |
| Lucien Baert | 9.16.0 | Valkenswaard | 8-9-1988 | 3000 st. |
| Joop Verhees | 7.20 | Rotterdam | 12-8-1967 | ver |
| Kees Verspaget | 2.15 | Amsterdam | 20-6-1982 | hoog |
| Niek de Groot | 4.25 | Valkenswaard | 18-8-1984 | polshoog |
| Rens Eijgermans | 14.31 | Sittard | 24-6-1984 | hinkstap |
| Steph Hayward | 16.58 | Vaase (Finl.) | 23-6-2001 | kogel |
| Henk v. Hak | 47.44 | Beek | 15-5-1980 | discus |
| Johan v. Lieshout | 79.16 | Hengelo | 12-8-1990 | speer |
| Willie Leenders | 55.54 | Saarbrücken (D) | 12-9-1981 | kogelsl. |
| John vd Eerenbeemt | 42.8 | Helmond | 21-6-1987 | 4 x 100 |
| Twan v. Houts | | | | |
| Erik Pasnagel | | | | |
| Wim Sandbrink | | | | |
| Erik Meersman | 3.18.53 | Rotterdam | 20-9-1987 | 4 x 400 |
| Wim Sandbrink | | | | |
| Eric Schaap | | | | |
| Johan Verhagen | | | | |

Mannen

| | | | |
|--------------------|---------|----------------|-----------|
| Wil Vilé | 11.0 | Leiden | 8-6-1980 |
| Eric Pasnagel | 11.0 | Helmond | 21-6-1987 |
| Roy Vaes | 11.0 | Bergen op Zoom | 17-5-1992 |
| Hans v Aerle | 11.0 | Helmond | 16-5-1993 |
| Wim Sandbrink | 22.2 | Den Haag | 22-8-1982 |
| Wim Sandbrink | 49.1 | Nijmegen | 22-6-1986 |
| Gijs Jacobs | 1.52.14 | Helmond | 8-6-2008 |
| Hans Mens | 3.53.6 | Den Haag | 11-6-1978 |
| Cor Vriend | 14.16.6 | Leiden | 8-6-1980 |
| Joop Smeets | 15.3 | Amsterdam | 20-6-1982 |
| Bart vd Zanden | 54.06 | Uden | 25-6-2006 |
| Hans Mens | 9.19.5 | Amsterdam | 20-6-1982 |
| Joop Verhees | 7.02 | Nijmegen | 1-6-1975 |
| Kees Verspaget | 2.15 | Amsterdam | 20-6-1982 |
| Niek de Groot | 4.20 | Vught | 13-5-1984 |
| Rens Eygermans | 14.01 | Nijmegen | 2-9-1984 |
| Steph Hayward | 15.84 | Gemert | 15-6-2001 |
| Theo Goossens | 47.10 | Den Haag | 17-9-1978 |
| Johan v Lieshout | 77.80 | Amersfoort | 19-6-1994 |
| Willie Leenders | 53.76 | Den Haag | 19-6-1983 |
| John vd Eerenbeemt | 42.8 | Helmond | 21-6-1987 |
| Twan v. Houts | | | |
| Erik Pasnagel | | | |
| Wim Sandbrink | | | |
| | 3.21.2 | Helmond | 11-6-1989 |

Vrouwen

| | | | | |
|--------------------|---------|---------------|-------------|-----------------|
| Eefje v. Mourik | 11.95 | Bydgoszcz (P) | 8-7-2000 | 100 |
| Eefje v. Mourik | 24.24 | Hengelo | 4-6-2001 | 200 |
| Fridie Meulendijks | 55.00 | Den Haag | 22-8-1976 | 400 |
| Jacky Winkelman | 2.03.16 | Sittard | 20-8-1983 | 800 |
| Annie vd Kerkhof | 4.20.5 | Sittard | 14-8-1977 | 1500 |
| Annie vd Kerkhof | 9.18.4 | Dülken (D) | 28-5-1977 | 3000 |
| Eefje v. Mourik | 14.45 | Weert | 31-5-1998 | 100 h |
| Eefje v. Mourik | 59.66 | Sittard | 20-9-1998 | 400 h |
| Pauline vd Roest | 5.98 | Hengelo | 7-89 | ver |
| Petra vd Kerkhof | 1.70 | Vught | 3-9-1978 | hoog |
| Sandra Royackers | 1.70 | Delft | 10-5-1998 | |
| Lotte de Fockert | 2.10 | Ede | 17-5-2009 | polshoog |
| Saskia v. Bezu | 11.95 | Goes | 9-5-1992 | hinkstap |
| Natascha vd Linden | 12.29 | Uden | 3-6-2006 | kogel |
| Natascha vd Linden | 40.84 | Deurne | 25-5-2004 | discus |
| Sandra v. Sommen | 48.28 | Helmond | 14-5-1993 o | speer |
| Sandra v. Sommen | 43.39 | | 2000 n | |
| Natascha vd Linden | 44.27 | Turnhout (B) | 22-8-2004 | kogelsl. |
| Chantal Huibers | 48.14 | Uden | 20-6-1999 | 4 x 100 |
| Manon vd Linden | | | | |
| Eefje v. Mourik | | | | |
| Sandra Royackers | | | | |

Vrouwen

| | | | |
|--------------------|---------|---------------|-----------|
| Pauline vd Roest | 11.8 | Roosendaal | 29-5-1988 |
| Rinske Daniëls | 24.79 | Heerhugowaard | 24-9-2000 |
| Jacky Winkelman | 57.1 | Roosendaal | 20-6-1982 |
| Jacky Winkelman | 2.06.5 | Nijmegen | 15-5-1983 |
| Lotte Jacobs | 4.34.34 | Uden | 25-6-2006 |
| Annie vd Kerkhof | 9.36.5 | Leiden | 14-6-1981 |
| Eefje v Mourik | 14.49 | Sittard | 20-9-1998 |
| Eefje v. Mourik | 59.66 | Sittard | 20-9-1998 |
| Pauline vd Roest | 5.88 | Roosendaal | 29-5-1988 |
| Petra vd Kerkhof | 1.70 | Vught | 10-6-1979 |
| Sandra Royackers | 1.70 | Delft | 10-5-1998 |
| Lotte de Fockert | 2.10 | Ede | 17-5-2009 |
| Manon vd Wouw | 10.40 | Uden | 25-6-2006 |
| Natascha vd Linden | 12.17 | Uden | 25-6-2006 |
| Natascha vd Linden | 40.37 | Uden | 25-6-2006 |
| Sandra vd Sommen | 46.84 | Sittard | 4-7-1993 |
| Sandra vd Sommen | 42.06 | Uden | 20-6-1999 |
| Caroline Schouten | 22.64 | Helmond | 20-5-2007 |
| Chantal Huibers | 48.14 | Uden | 20-6-1999 |
| Manon vd Linden | | | |
| Eefje v. Mourik | | | |
| Sandra Royackers | | | |

CLUBRECORDS H.A.C. per 1 januari 2009**Competitie CLUBRECORDS HAC vanaf 1975****Jongens A**

| | | | | |
|---------------------|---------|----------------|-----------|-----------------|
| Henk vd Boogaard | 10.7 | Eindhoven | 3-6-1971 | 100 |
| Glenn v. Uden | 49.18 | Alpen a/d Rijn | 29-6-1991 | 400 |
| Olof Buelens | 1.54.0 | Helmond | 1989 | 800 |
| Tonnie v. Uden | 3.54.3 | Kerkrade | 28-6-1967 | 1500 |
| Bob Dielis | 8.19.98 | Utrecht | 2-8-1984 | 3000 |
| Maarten v. Berlo | 14.9 | Helmond | 8-5-1983 | 110 h |
| Patrick v. Lieshout | 14.9 | Sittard | 16-6-1985 | |
| Sjoerd Hammecher | 6.73 | Santpoort | 19-9-1993 | ver |
| | | | | |
| Kees Verspaget | 2.11 | Vught | 30-5-1976 | hoog |
| Niek de Groot | 4.15 | Helmond | 29-6-1980 | polshoog |
| Rens Eijgermans | 13.79 | Sittard | 27-9-1981 | hinkstap |
| Harjan v. Berlo | 16.04 | Haarlem | 29-5-1982 | kogel |
| Theo Goossens | 51.02 | Roosendaal | 1-10-1977 | discus |
| Johan v. Lieshout | 75.20 | Helmond | 2-10-1988 | speer |
| Hans v. Aerle | 44.4 | Helmond | 2-6-1985 | 4 x 100 |
| John vd Eerenbeemt | | | | |
| Patrick v. Lieshout | | | | |
| Eric Schaap | | | | |

Jongens A

| | | | |
|---------------------|---------|----------|-----------|
| Glenn v Uden | 11.1 | Weert | 27-4-1991 |
| Franklin v Uden | 50.0 | Helmond | 19-6-1988 |
| Peter v Dijk | 1.54.23 | Den Haag | 11-9-1988 |
| Gijs Jacobs | 4.19.21 | Helmond | 7-5-2006 |
| Bob Dielis | 8.38.0 | Sittard | 17-6-1984 |
| Maarten v. Berlo | 14.9 | Helmond | 8-5-1983 |
| Patrick v. Lieshout | 14.9 | Sittard | 16-6-1985 |
| Peter v Berlo | 6.46 | Helmond | 31-5-1978 |
| Theo Beekmans | 6.46 | Helmond | 10-6-1980 |
| Kees Verspaget | 2.11 | Vught | 30-5-1976 |
| Niek de Groot | 4.00 | Helmond | 10-6-1980 |
| Rens Eijgermans | 13.79 | Sittard | 27-9-1981 |
| Harjan v Berlo | 15.62 | Roermond | 6-6-1982 |
| Johan v Lieshout | 50.48 | Weert | 10-5-1987 |
| Johan v Lieshout | 69.04 | Helmond | 19-6-1988 |
| Hans v. Aerle | 44.4 | Helmond | 2-6-1985 |
| John vd Eerenbeemt | | | |
| Patrick v. Lieshout | | | |
| Eric Schaap | | | |

Meisjes A

| | | | | |
|--------------------|---------|-----------|-----------|-----------------|
| Rinske Daniëls | 12.01 | Amsterdam | 15-7-2000 | 100 |
| Eefje v. Mourik | 56.74 | Sittard | 25-7-1992 | 400 |
| Jacky Winkelman | 2.06.49 | Utrecht | 9-7-1981 | 800 |
| Jacky Winkelman | 4.26.7 | Leiden | 28-5-1981 | 1500 |
| Eefje v. Mourik | 15.1 | Helmond | 10-7-1993 | 100 h |
| Pauline vd Roest | 5.98 | Hengelo | 7-89 | ver |
| Gonnie Michels | 1.65 | Helmond | 8-5-1983 | hoog |
| Caroline Schouten | 1.65 | Roermond | 15-5-1999 | |
| Manon vd Wouw | 10.72 | Helmond | 7-5-2006 | hinkstap |
| Natascha vd Linden | 12.29 | Uden | 3-6-2006 | kogel |
| Natascha vd Linden | 40.84 | Deurne | 25-5-2004 | discus |
| Sandra vd Sommen | 43.76 | Vught | 28-8-1983 | speer |
| Wendy Gommans | 30.96 | Uden | 19-6-2004 | |
| Leonie Donkers | 48.38 | Lisse | 2-7-1988 | 4 x 100 |
| José v Griensven | | | | |
| Pauline vd Roest | | | | |
| Ineke Sijbers | | | | |

Meisjes A

| | | | |
|---------------------|---------|---------|-----------|
| Pauline vd Roest | 12.2 | Sittard | 21-5-1989 |
| Jacky Winkelman | 57.8 | Sittard | 6-9-1981 |
| Jacky Winkelman | 2.10.4 | Sittard | 6-9-1981 |
| Lotte Jacobs | 4.46.76 | Helmond | 7-5-2006 |
| Sandra vd Sommen | 15.5 | Sittard | 17-6-1984 |
| Pauline vd Roest | 5.87 | Sittard | 21-5-1989 |
| Gonnie Michels | 1.65 | Helmond | 8-5-1983 |
| | | | |
| Manon vd Wouw | 10.72 | Helmond | 7-5-2006 |
| Natascha vd Linden | 12.14 | Sittard | 18-6-2006 |
| Natascha vd Linden | 38.48 | Sittard | 18-6-2006 |
| Sandra vd Sommen | 42.66 | Sittard | 17-6-1984 |
| Nadine vd Meulenhof | 23.77 | Sittard | 18-6-2006 |
| HAC | 49.8 | Sittard | 11-5-1986 |
| HAC | 49.8 | Helmond | 8-6-1986 |

CLUBRECORDS H.A.C. per 1 januari 2009**Competitie CLUBRECORDS HAC vanaf 1989****Jongens B**

| | | | | |
|---------------------|--------|-----------|-----------|--------------|
| Marco vd Zwan | 11.36 | Papendal | -06-89 | 100 |
| Franklin v. Uden | 50.9 | Helmond | 30-7-1987 | 400 |
| Erik v. Lieshout | 1.57.0 | Amsterdam | 27-7-1967 | 800 |
| Tonnie v. Uden | 4.01.7 | Eindhoven | 20-7-1966 | 1500 |
| Patrick v. Lieshout | 14.6 | Helmond | 23-9-1985 | 110 h |
| Peter v. Berlo | 6.46 | Helmond | 31-5-1978 | ver |
| Kees Verspaget | 2.03 | Amsterdam | 26-6-1975 | hoog |

| | | | | |
|---------------------|-------|-----------|-----------|-----------------|
| Niek de Groot | 4.05 | Helmond | 5-9-1979 | polshoog |
| Rens Eijgermans | 13.06 | Weert | 31-8-1980 | hinkstap |
| Harjan v. Berlo | 15.92 | Papendal | 20-9-1980 | kogel |
| Leon Merx | 52.24 | Veldhoven | 23-8-1981 | discus |
| Johan v. Lieshout | 67.54 | Eindhoven | 3-5-1986 | speer |
| Hans v. Aerle | 45.1 | Helmond | 11-5-1985 | 4 x 100 |
| Erwin Kempkens | | | | |
| Franklin vd Laar | | | | |
| Patrick v. Lieshout | | | | |

Meisjes B

| | | | | |
|----------------------|--------|-----------|-------------|----------------|
| Rinske Daniëls | 12.15 | Uden | 3-7-1999 | 100 |
| Eefje v. Mourik | 56.74 | Sittard | 25-7-1992 | 400 |
| Annet Bezemer | 2.14.7 | Helmond | 28-6-1985 | 800 |
| Manon vd Linden | 15.00 | Groningen | 27-6-1993 | 100 h |
| Eefje v. Mourik | 5.61 | Vught | 20-6-1992 | ver |
| Caroline Schouten | 1.65 | Roermond | 15-5-1999 | hoog |
| Natascha vd Linden | 13.80 | Utrecht | 10-9-2004 | kogel |
| Natascha vd Linden | 40.84 | Deurne | 25-5-2004 | discus |
| Sandra vd Sommen | 43.76 | Vught | 28-8-1983 o | speer |
| Wendy Gommans | 30.96 | Uden | 19-6-2004 n | |
| Annet Bezemer | 50.9 | Helmond | 2-6-1982 | 4 x 100 |
| Angelique vd Kerkhof | | | | |
| Anneke Sijbers | | | | |
| Sandra vd Sommen | | | | |

Jongens B

| | | | |
|---------------------|---------|--------------|-----------|
| Jonathan Zammit | 11.39 | Sittard | 16-5-2010 |
| Bram Haver | 52.69 | Zwolle | 14-9-2008 |
| Tim v Griensven | 2.01.00 | Sittard | 9-5-2004 |
| Gijs Jacobs | 4.06.07 | Tilburg | 13-6-2004 |
| Joep Chatrou | 15.32 | Roermond | 10-6-2007 |
| Rian Wouters | 6.36 | Sittard | 6-5-1989 |
| Rian Wouters | 1.80 | Sittard | 6-5-1989 |
| Bart vd Zanden | 1.80 | Sittard | 27-4-1997 |
| Michiel Schouten | 1.80 | Uden | 1-6-1997 |
| Jefte Ziedses | 1.80 | Helmond | 6-5-2001 |
| Sjoerd Verlijdsdonk | 1.80 | Gemert | 21-4-2002 |
| Roel vd Wouw | 1.80 | Roermond | 11-6-2006 |
| Bart de Vocht | 1.80 | Roermond | 10-6-2007 |
| Michael Bron | 3.10 | Gemert | 24-6-1989 |
| Tjeerd Visser | 12.82 | Oss | 22-6-2008 |
| Joshua Röhrs | 13.76 | Zwolle | 14-9-2008 |
| Yuri Benders | 34.16 | Valkenswaard | 14-5-2006 |
| Sjoerd Hammecher | 46.76 | Helmond | 16-6-1991 |
| Glenn v Uden | 46.0 | Sittard | 6-5-1989 |
| Rian Wouters | | | |
| Marco vd Zwan | | | |
| Paul Bezemer | | | |

Meisjes B

| | | | |
|--------------------|---------|-----------|-----------|
| Rinske Daniëls | 12.3 | Vught | 7-6-1998 |
| Eefje v Mourik | 58.4 | Helmond | 16-6-1991 |
| Lotte Jacobs | 2.19.11 | Roermond | 12-6-2005 |
| Eefje v Mourik | 15.0 | Uden | 21-6-1992 |
| Eefje v Mourik | 5.57 | Uden | 21-6-1992 |
| Caroline Schouten | 1.60 | Eindhoven | 14-5-2000 |
| Natascha vd Linden | 13.13 | Tilburg | 13-6-2004 |
| Natascha vd Linden | 38.01 | Sittard | 9-5-2004 |
| Suzanne de Bruijn | 29.90 | Sittard | 6-5-1989 |
| Ardie Martens | 24.69 | Sittard | 9-5-2004 |
| Eefke Daniëls | 51.7 | Weert | 11-5-2003 |
| Anne Gilsing | | | |
| Natascha vd Linden | | | |
| Manon vd Wouw | | | |